

# Syllabus

## Module 01

11 Hours

### Herbs as Raw Materials

- Definition of herb, herbal medicine, herbal medicinal product, herbal drug preparation.
- Source of Herbs.
- Selection, identification and authentication of herbal materials.
- Processing of herbal raw material.

### Biodynamic Agriculture

- Good agricultural practices in cultivation of medicinal plants including Organic farming.
- Pest and Pest management in medicinal plants: Biopesticides/ Bioinsecticides.

### Indian Systems of Medicine

- Basic principles involved in Ayurveda, Siddha, Unani and Homeopathy
- Preparation and standardization of Ayurvedic formulations viz Aristas and Asawas, Ghutika, Churna, Lehya and Bhasma.

## Module 02

07 Hours

### Nutraceuticals

- General aspects, Market, growth, scope and types of products available in the market. Health benefits and role of Nutraceuticals in ailments like Diabetes, CVS diseases, Cancer, Irritable bowel syndrome and various Gastro intestinal diseases.
- Study of following herbs as health food: Alfaalfa, Chicory, Ginger, Fenugreek, Garlic, Honey, Amla, Ginseng, Ashwagandha, Spirulina

### Herbal-Drug and Herb-Food Interactions

- General introduction to interaction and classification.
- Study of following drugs and their possible side effects and interactions: Hypercium, kava-kava, Ginkgo biloba, Ginseng, Garlic, Pepper & Ephedra.

## Module 03

10 Hours

### Herbal Cosmetics

- Sources and description of raw materials of herbal origin used via, fixed oils, waxes, gums colours, perfumes, protective agents, bleaching agents, antioxidants in products such as skin care, hair care and oral hygiene products.

### Herbal Excipients

- Herbal Excipients – Significance of substances of natural origin as excipients – colorants, sweeteners, binders, diluents, viscosity builders, disintegrants, flavors & perfumes.

### Herbal Formulations

- Conventional herbal formulations like syrups, mixtures, tablets, and Novel dosage forms like phytosomes.

## Module 04

10 Hours

### Evaluation of Drugs

- WHO & ICH guidelines for the assessment of herbal drugs
- Stability testing of herbal drugs.

## **Patenting and Regulatory Requirements of Natural Products**

- Definition of the terms: Patent, IPR, Farmers right, Breeder's right, Bioprospecting and Biopiracy
- Patenting aspects of Traditional Knowledge and Natural Products. Case study of Curcuma & Neem.

## **Regulatory Issues**

- Regulations in India (ASU DTAB, ASU DCC), Regulation of manufacture of ASU drugs - Schedule Z of Drugs & Cosmetics Act for ASU drugs.

## **Module 05**

**07 Hours**

### **General Introduction to Herbal Industry**

- Herbal drugs industry: Present scope and future prospects.
- A brief account of plant based industries and institutions involved in work on medicinal and aromatic plants in India.

### **Schedule T – Good Manufacturing Practice of Indian systems of Medicine**

- Components of GMP (Schedule – T) and its objectives.
- Infrastructural requirements, working space, storage area, machinery and equipments, standard operating procedures, health and hygiene, documentation and records.